



Food Hand Swap

Store food in one hand, and transfer it to the other hand for delivery. Switch which hand does the delivery at random.

Some dogs find us predictable and look to one hand for the reward. They can find it hard to switch between delivery hands when the hand they expect to have the treat is empty. When that happens, they may get stuck or leave us to find other reinforcement.

How to play:

- Load one hand with a few treats that you can comfortably hold without dropping when you change hands.
- Take one treat from the food storage hand and have your dog follow that hand across in front of you and deliver it on the other side.
- Transfer all but one treat to your other hand, and have your dog follow the one treat hand across in front of you in the other direction
 - *The dog will be moving away from the storage hand side.
 - *If the dog is on your left, your left hand is storage, and your right hand is treat. The dog moves from your left side to your right side.
 - *If the dog is on your right, your right hand is storage, and your left hand is treat. The dog moves from your right side to your left side.
- Repeat until you run out of treats, alternating storage and treat hands. Reload and play again.

We want our dogs to become flexible and optimistic that there will always be a good outcome for moving away from the expected or perceived best deal.

Mechanics in this game are important. Practice without your dog first to limit the number of dropped treats. If that happens while playing with your dog, encourage them to continue following you and get a big payout.